

The

Harmonizer



Vol. 3, No. 09

Monthly Newsletter for Music City Couples

September 2008

Serving Nashville & All Of Middle Tennessee and Surrounding Communities

Jim Robert, Big Brothers Big Sisters of Middle Tennessee A Member Of Music City Couples



The Nashville Chapter of the Association of Fundraising Professionals has awarded the Chamberlain Scholarship to Jim Robert of Big Brothers Big Sisters of Middle Tennessee. The Chamberlain Scholarship Program is used to help individuals serving nonprofit organizations develop their knowledge and skills in fundraising. The AFP Foundation for Philanthropy awards one scholarship to each chapter each year to be used at the AFP International Conference on Fundraising, which will be held on March 30-April 2, 2008, in San Diego, California.

Jim is an event coordinator for Big Brothers Big Sisters of Middle Tennessee. He recently completed a successful season of the 2007 Jack in the Box Bowl for Kids' Sake, which is the biggest fundraiser for the agency, raising over \$170,000.

Congratulations Jim! Well deserved!

Provided by
Nashville GLBT Chamber of Commerce

Obama includes gays in historic speech 80,000 cheer for Democratic nominee

By CHRIS JOHNSON, Washington Blade | Aug 29, 12:04 PM

DENVER – A massive crowd cheered on Democratic presidential candidate Barack Obama as he delivered his acceptance speech at Invesco Field Thursday night and the cheers grew louder when he mentioned gay rights. Obama included his commitment to gay rights when he listed several contentious issues facing the American public, such as abortion and gun ownership.

“I know there are differences on same-sex marriage, but surely we can agree that our gay and lesbian brothers and sisters deserve to visit the person they love in the hospital and to live lives free of discrimination,” he said. Many in the crowd of 80,000 roared with applause after Obama made the statement. Steven Latasa-Nicks, a gay delegate from New York and marketing consultant, said he was “ecstatic to see our community included in the speech.”

“I think he hit all the points that he really needed to hit,” he said.

Latasa-Nicks said Obama's speech “dispelled a lot of fuss that's been coming at him from the Republican side” such as Obama's lack of experience and the perception that he's a “rock-star” politician.

Allida Black, a lesbian delegate from New York and history professor, said Obama's speech was “more real and less lofty which pleased me.” Black, who supported Sen. Hillary Clinton (D-N.Y.), during the primary, said Obama may have reached out to voters who see him only as a “professor-in-chief.” She also said she was pleased that Obama “finally” discussed gay issues.

Obama set several items on the agenda for his administration. He pledged to end U.S. dependence on Middle East oil in 10 years.

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Anniversaries

- Sep 01 - Duane & Greg (10-Years)
- Sep 01 - Gary & Jim (10-Years)
- Sep 01 - Ned & Darrin (11-Years)
- Sep 01 - Scott & Barry (5-Years)
- Sep 06 - Tom & Larry (10-Years)
- Sep 20 - Russ & Don (6-Years)

Birthdays

- Sep 01 - Barbara (of Diane)
- Sep 03 - Cheryl (of Sheila)
- Sep 06 - Andrew (of Joe)
- Sep 08 - Joe (of Garry)
- Sep 10 - Steve (of Stefen)
- Sep 11 - Joseph (of Chuck)
- Sep 14 - Cindy (of Alison)
- Sep 21 - Rob (of Kevin)
- Sep 27 - Deb (of Cheryl)
- Sep 28 - Donald (of Kirk)
- Sep 27 - Melissa (of Rochelle)
- Sep 28 - Tim (of Eldon Ray)
- Sep 28 - Rick (of Brad)
- Sep 29 - Jeanna (of Janet)



SPOTLIGHT

Scott & Barry Nashville, Tennessee



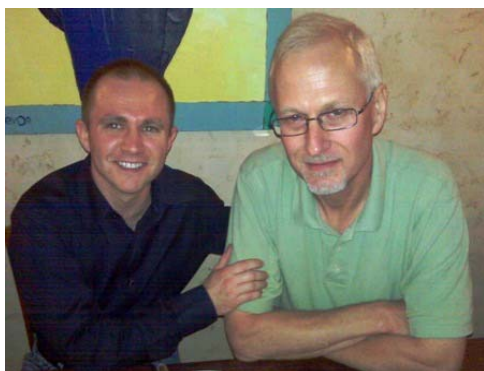
About Our New Couple:

Scott's Birthday: 07/20/1965
Barry's Birthday: 12/09/1970
Anniversary: 09/01/20

He also promised to cut taxes for 95 percent of all working families. To find more alternative energy sources, Obama said he would “tap our natural gas reserves, invest in clean coal technology and find ways to safely harness nuclear power.”

“Change happens because the American people demand it – because they rise up and insist on new ideas and new leadership, a new politics for a new time,” Obama said. “America, this is one of those moments.”

Dinner Night Out The Red Restaurant



Matt & Doug
A New Couple

September Dinner Night Out The Red Restaurant



a little more casual... a lot more fun!

FOREPLAY

- Chicken Fajita Quesadilla** 8.95
grilled fajita chicken with onions, peppers, cheddar and jack cheese topped with pico-de-gallo & sour cream
add shrimp \$2.95
- Chicken Teasers & Fries** 7.95
3 chicken tenders w/ honey mustard, barbeque, or ranch
- Thai Chicken Skewers** 7.95
three chicken skewers served with creamy peanut dipping sauce & Thai chili dipping sauce
- Parmesan Spinach & Artichoke Dip** 6.95
served with tri-color tortilla chips
- Fiesta Salsa and Tortilla Chips** 6.95
- Fried Portabella Mushrooms and Fries** 6.95
- Mozzarella Sticks and Fries** 6.95
- Homemade Potato Chips & Bleu Cheese Dip** 5.95
- Sampler Basket for Two** 9.95
chicken tenders, fried mushrooms, mozzarella sticks, fries

TOSS IT UP

- Cheesy Chicken Corn Chowder** cup 3.25 bowl 4.95
- Tomato Basil Bisque** cup 3.25 bowl 4.95
- Red Signature Salad** 5.95
spring greens, toasted honey pecans, dried cherries, orange slices & bleu cheese, tossed with honey lavender vinaigrette
- Red Signature Salad as an Entrée** 7.95
add chicken \$1.95; add shrimp \$2.95
- Fiesta Chicken Salad** 9.95
spring mix greens with blackened chicken, black bean & corn salsa, cheddar-jack and tortilla strips
- Chicken BLT Salad** 9.95
fried chicken tender bites, bacon, spring mix, cherry tomato and blend of cheeses

MEAT IN THE MIDDLE

*Served with Fries, Cole Slaw and a pickle spear
add a simple salad for \$2.95*

- Red Cheeseburger Deluxe Platter** 9.95
Angus burger grilled your way with lettuce, tomato, onion, and pickle spear with your choice of Provolone, Swiss, Cheddar or American
- Chicken Bella Swiss Melt** 9.95
seasoned grilled chicken topped with sautéed baby bella mushrooms, aged Swiss cheese, & grilled onions served on a ciabatta bun
- Sister's Pimento Sliders** 8.95
Two mini burgers topped with Red's signature pimento cheese and served on slider rolls
- Garden Veggie Cheeseburger** 8.95
garden veggie patty with your choice of American, provolone, Swiss, or cheddar cheese
- Grilled PB&T** 7.95
Red's signature pimento cheese grilled with crispy bacon & ripe tomato on sourdough bread
- Classic BLT CLUB** 7.95
six slices of bacon, 3 slices toasted sour dough, fresh lettuce, tomato and mayo

We use non-transfat oils in our fryers.

CASUAL ENCOUNTERS

Add a simple salad for \$2.95

- Chicken Tender Platter** 10.95
four tenders served with honey mustard, barbeque sauce, or ranch dressing; served with fries & cole slaw
- Home-style Meatloaf** 10.95
our made-from-scratch favorite
- Baked Macaroni & Cheese Supreme** 10.95
penne baked with our five cheese blend, chicken, & bacon; served with choice of one side

MAIN SQUEEZE

Add a simple salad to any entrée for \$2.95

- Buckhead Strip Steak** 17.95
12 oz tender cut grilled your way; served with two sides
- Bacon Wrapped Pork Tenderloin** 14.95
two marinated pork tenderloin medallions wrapped with smoked bacon grilled hot & fresh and served with our apple-ginger dipping sauce; served with two sides
- Grilled Wild Salmon** 14.95
topped with light lemon dill aioli; served with two sides
- Chicken Mushroom Merlot** 12.95
seasoned chicken breast atop mashed garlic red potatoes with mushroom merlot sauce; served with one side
- Red Grilled Chicken** 12.95
large marinated chicken breast with a raspberry chipotle sauce along with hot bacon and shredded aged cheddar; served with two sides
- Mexican Chicken Dance** 11.95
grilled chicken with homemade pico-de-gallo in a spicy cream sauce over bowtie pasta
- Vodka Pasta with Chicken** 11.95
penne pasta with grilled chicken, tossed in our sauce of vodka, tomato filets, & crushed red pepper

PARTNERS

- Mashed Baby Red Potatoes Green Beans
- Wild Rice Steamed Broccoli
- Mini Carrots French Fries
- Cole Slaw
- Cup of Soup (add 1.00)

GOIN' ALL THE WAY

all of our homemade desserts are \$5.95

- Caramel Pecan Cheesecake ala mode
- Orange Chocolate Truffle Cake
- Crème Brulee
- Ultimate Chocolate Brownie ala mode

plus an occasional special dessert of the day!

Favorite Recipe

Hashbrowns

Shared by Russ (of Don)

2 lbs. frozen hashbrown potatoes (thawed)
1/2 stick butter or margarine (melted)
1 can condensed cream of chicken soup
1 pint sour cream
1/2 cup chopped onion (I use more - almost a cup)
2 cups grated sharp cheddar cheese
1 tsp salt
1/4 tsp pepper

Mix all together and put in a greased 9X13 casserole.
Bake at 350 for 45 minutes.
Hope it turns out tasty.

Email Your Favorite Recipe

info@musiccitycouples.org

Events Calendar

Grand Ole Opry

Package: Main floor seats, Hotel,
Tours at an affordable price.

800-251-1864

www.musiccitytours.com

Stirrup Nashville

1529 4th Ave. South

Nashville, TN, 37210

615-782-0043

Your New Favorite Neighborhood Bar

Info@StirrupNashville.com

Lipstick Lounge

1400 Woodland St, Nashville, TN, 37206

This relaxed east Nashville dance club also features live music and theme nights.

Tribe

1517A Church St, Nashville, TN, 37203

Sophisticated, straight-friendly gay nightclub fills a niche in Nashville.

Play Dance Bar

1519 Church St, Nashville, TN, 37203

Gay-friendly dance club boasts DJs, karaoke, female impersonation, theme nights, snack bar and a private lounge overlooking the stage

COUPLES

The Music City Couples Network, an organization of hundreds of loving and committed gay and lesbian couples believes that the Federal Marriage Amendment is an unconscionable assault on the rights of millions of American citizens, and is joining other organizations seeking its defeat.

According to the Human Rights Campaign (HRC), the amendment "would not only deny marriage to same-sex couples but could also deny any state legislature or electorate from ever voting to pass their own state's domestic partnership, civil union or marriage laws. Under the Federal Marriage Amendment, courts could be barred from enforcing the legal protections that a legislature provides through civil union or domestic partnership laws."

Civil marriage, other forms of relationship recognition, and basic civil rights protections are essential components that make all families, including families headed by same-sex couples, safer and more secure. Civil marriage and religious marriage are two separate things.

Religious institutions will never be forced to bless relationships with which they disagree, just as today religious institutions can refuse to marry couples of different faiths or individuals who have been divorced.

COMING EVENTS

Jun: Pride Weekend Jun/1st.
Jul: 4th. Annual Festivities
Jul: Movie Event "Sordid Lives"
Aug: Dinner Night Out – Monell's
Sep: Dinner Night Out – Red Restaurant
Oct: Wiener Roast & Bonfire
Nov: Waiting On A Host
Dec: Waiting On A Host

Newsletter Submissions

Send us your Current News, Favorite Recipe, and Announcements that you would like to have added to our Monthly Newsletter. Send all submissions to, Webmaster@musiccitycouples.org no later than the First Friday of Every Month. Anything received after that Friday will be included in the next month's issue

Hosts Needed

Music City Couples is in search of couples willing to Host a Party in their home, back yard, or even a Park. If you have the desire to be a Host, please contact:

Larry and Bobby.

info@musiccitycouples.org

615-824-9966 – Home

Movie Night Out

Several of our couples have been asking if we plan to re-instate the monthly movie night out. We need your help. If you would like to take charge of our Monthly Movie Night Out, please drop us an email:

info@musiccitycouples.org

Dinner Night Out

Everyone loves to eat. Certainly you have a favorite Restaurant. If you would like to see us have a Monthly Dinner Night Out, please forward your Restaurant Choices and help us plan the monthly event. Simply send us an email:

info@musiccitycouples.org

Camping

Contact Barb & Jane
Kingston, Springs, TN

info@musiccitycouples.org



Music City Couples is an organization of committed gay and lesbian couples in the Greater Nashville and Middle Tennessee area. The organization serves to provide a forum for gay/lesbian committed couples to strengthen their own relationships while also providing a social and supportive structure for their fellow committed couples. Music City Couples holds no religious affiliations and makes every attempt to respect the privacy of its couples.